highrock
BROOKLINE

DISCERNMENT JOURNAL

Greetings! Thanks for joining the church in this process of prayer and discernment. The purpose of this journal is to give everyone in our community a way to share in this spiritual journey even through our individual times of prayer and devotion. The following pages present a shared structure for daily prayer and worship, shared passages for reflection and space for you to journal your thoughts, insights and reflections throughout the process.

As you journey through the next 12 weeks if you feel that God is speaking to you about the discernment of our church we welcome you to communicate your thoughts to the Discernment Team. Our leaders want to hear from the larger church community as God is moving and speaking to people. You can email discernment@highrockbrookline.org where the Discernment Team will be collecting and reading input from the church. Or you can stop by 39 Harvard Street, 2nd floor, any Thursday morning (between January 17 to March 28) from 8:30am–9:30am where at least one of the pastoral staff will be present.

OUR HOPE FOR DISCERNMENT

One of the obvious questions that people will have is, "What am I praying for? What are we discerning as a church?" The most basic answer to that question is simple; we want to know God's will for our church so that we can align our next steps with that will.

More specifically there are a few areas where we are particularly seeking to hear from God.

OUR LEADERSHIP STRUCTURE

While we are a congregational church with elders and ministry leaders that serve the church, in many ways we are a 'Lead Pastor led church'. Perhaps the primary question we have in this discernment process is how God wants us to structure ourselves in terms of leadership going forward.

THE PRIESTHOOD OF ALL BELIEVERS

Directly related to the leadership structure is our growing focus on the Priesthood of all believers. What does it mean that God has given each of us gifts to edify the Body of Christ with? And what might that mean for the future of our church and how we are led?

MARS HILL FELLOWSHIP CHURCH

Over the last couple of years we have been developing a relationship with MHFC and for the past months we have been worshiping together every week and more. One of the questions we have is what God is calling us to in our partnership with MHFC? Is it close to over? Do we continue as we are now? Is there a new future that God is calling us to enter into?

ELEMENTS OF THIS JOURNAL

There is a daily structure for everyone to follow, most of which will be familiar to people. However, there are two elements that might be unfamiliar and require greater explanation.

THE DAILY EXAMEN

The Daily Examen was a part of the Spiritual Exercises written by St. Ignatius of Loyala in the 16th century. There are different versions of The Daily Examen today but the heart of the Examen is to reflect back over the day that you have just lived and recognize God's activity in that day and whether the activity of the day drew you closer to God, or further away.

**Every night you are invited to practice the Examen for 5–10 minutes by doing the following 5 things:*

1. Place yourself in the presence of God and thank him for his great love for you.
2. Pray for God's grace so that you might understand how he is acting in your life.
3. Recall the day – think back over each activity, person, conversation and event.
4. Reflect on what you said, or did or thought in those moments. Did that moment draw you closer to God, of further away from him?
5. Look forward toward tomorrow. Think of how you might partner more effectively with God's plan for you. Be specific as you think about the day ahead.

**Perhaps consider lighting a dedicated candle during the Examen as a way to specifically mark that time.*

FASTING & CONTEMPLATIVE PRAYER

For the past few months our Overseers, Staff & some others have been fasting and praying on Thursday morning. During this season of discernment everyone is invited to join that fasting and prayer. Specifically, you are invited to replace your breakfast on Thursday mornings with a time of contemplative prayer. Contemplative prayer can also mean differing things to different people but for our purposes you are invited to 'fix your gaze on Jesus' during this time of prayer; to contemplate or meditate on him. It is a time of dedicated focus on our Messiah where we reject all of the 'input' of this world (including food) and extend our gaze outward upon our Lord.

If you are looking for ideas on where to fix that gaze you can choose specific scenes or stories from the life of Jesus (perhaps pick a different one each Thursday) or on different aspects of who he is; his humility, his mercy, his grace, his majesty, etc – and fix your gaze on one area each Thursday.

FINAL WORD

Our culture is cluttered with great ideas of things to do that we start but don't finish. A commitment to join in this process for the next 12 weeks could easily become one of those if there isn't a plan that will keep you committed and help normalize this new rhythm in your spiritual life.

So take the time now to put together a plan for how you will set aside at least 15 minutes every morning and 15 minutes every night for this. Do the simple but necessary work of putting it in your calendar, changing your alarm times, setting alerts and whatever else you need to do in order to prioritize this process. We are hoping and praying that God, through his Holy Spirit, will speak to his church over the next 12 weeks; let us be sure to create the space and time for that to happen!

Thanks so much for joining the church in this. May God bless you and encourage you in the weeks to come. Amen.

DAILY JOURNAL

WEEK ONE
JANUARY 14–20

WEEKLY TEXT: GALATIANS 5:13–26 (NIV)

13You, my brothers and sisters, were called to be free. But do not use your
freedom to indulge the flesh[a]; rather, serve one another humbly in love. 14For
the entire law is fulfilled in keeping this one command: "Love your neighbor
as yourself."[b] 15If you bite and devour each other, watch out or you will be
destroyed by each other.

16So I say, walk by the Spirit, and you will not gratify the desires of the flesh.
17For the flesh desires what is contrary to the Spirit, and the Spirit what is
contrary to the flesh. They are in conflict with each other, so that you are not to
do whatever[c] you want. 18But if you are led by the Spirit, you are not under the
law.

19The acts of the flesh are obvious: sexual immorality, impurity and debauchery;
20idolatry and witchcraft; hatred, discord, jealousy, fits of rage, selfish ambition,
dissensions, factions 21and envy; drunkenness, orgies, and the like. I warn you, as
I did before, that those who live like this will not inherit the kingdom of God.

22But the fruit of the Spirit is love, joy, peace, forbearance, kindness, goodness,
faithfulness, 23gentleness and self-control. Against such things there is no law.
24Those who belong to Christ Jesus have crucified the flesh with its passions and
desires. 25Since we live by the Spirit, let us keep in step with the Spirit. 26Let us
not become conceited, provoking and envying each other.

MORNING

- READ THIS WEEK'S SCRIPTURE PASSAGE
- SILENCE & REFLECTION ON THE SCRIPTURE PASSAGE
- JOURNAL ANY THOUGHTS
- END WITH THE LORD'S PRAYER

EVENING

- THE DAILY EXAMEN
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TUESDAY, JANUARY 15

MORNING

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THURSDAY, JANUARY 17

MORNING

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EVENING

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SATURDAY, JANUARY 19

MORNING

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WEEK TWO
JANUARY 21–27

WEEKLY TEXT: JAMES 4:1–10 (NIV)

[1]What causes fights and quarrels among you? Don't they come from your desires
that battle within you? [2]You desire but do not have, so you kill. You covet but you
cannot get what you want, so you quarrel and fight. You do not have because you
do not ask God. [3]When you ask, you do not receive, because you ask with wrong
motives, that you may spend what you get on your pleasures.

[4]You adulterous people,[a] don't you know that friendship with the world means
enmity against God? Therefore, anyone who chooses to be a friend of the world
becomes an enemy of God. [5]Or do you think Scripture says without reason that
he jealously longs for the spirit he has caused to dwell in us[b]? [6]But he gives us
more grace. That is why Scripture says:

"God opposes the proud but shows favor to the humble."[c]
[7]Submit yourselves, then, to God. Resist the devil, and he will flee from you.
[8]Come near to God and he will come near to you. Wash your hands, you sinners,
and purify your hearts, you double-minded. [9]Grieve, mourn and wail. Change
your laughter to mourning and your joy to gloom. [10]Humble yourselves before
the Lord, and he will lift you up.

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EVENING

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TUESDAY, JANUARY 22

MORNING

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EVENING

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THURSDAY, JANUARY 24

MORNING

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EVENING

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EVENING

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SATURDAY, JANUARY 26

MORNING

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EVENING

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WEEK THREE
JANUARY 28–FEBRUARY 3

WEEKLY TEXT: PSALM 27:1–14 (NIV)

1 The Lord is my light and my salvation—whom shall I fear? The Lord is the
stronghold of my life—of whom shall I be afraid?

2 When the wicked advance against me to devour[a] me, it is my enemies and my
foes who will stumble and fall.

3 Though an army besiege me, my heart will not fear; though war break out
against me, even then I will be confident.

4 One thing I ask from the Lord, this only do I seek: that I may dwell in the
house of the Lord all the days of my life, to gaze on the beauty of the Lord and
to seek him in his temple.

5 For in the day of trouble he will keep me safe in his dwelling; he will hide me in
the shelter of his sacred tent and set me high upon a rock.

6 Then my head will be exalted above the enemies who surround me; at his sacred
tent I will sacrifice with shouts of joy; I will sing and make music to the Lord.

7 Hear my voice when I call, Lord; be merciful to me and answer me.

8 My heart says of you, "Seek his face!" Your face, Lord, I will seek.

9 Do not hide your face from me, do not turn your servant away in anger; you
have been my helper. Do not reject me or forsake me, God my Savior.

10 Though my father and mother forsake me, the Lord will receive me.

11 Teach me your way, Lord; lead me in a straight path because of my oppressors.

12 Do not turn me over to the desire of my foes, for false witnesses rise up against
me, spouting malicious accusations.

13 I remain confident of this: I will see the goodness of the Lord
in the land of the living.

14 Wait for the Lord; be strong and take heart and wait for the Lord.

Sacred Space this Saturday (2/2); 7:30pm at 39 Harvard St 2fl

MORNING

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EVENING

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TUESDAY, JANUARY 29

MORNING

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EVENING

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THURSDAY, JANUARY 31

MORNING

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EVENING

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SATURDAY, FEBRUARY 2

MORNING

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Sacred Space; 7:30pm at 39 Harvard St 2fl

WEEK FOUR
FEBRUARY 4–10

WEEKLY TEXT: COLOSSIANS 2:6–15 (NIV)

[6]So then, just as you received Christ Jesus as Lord, continue to live your lives in him, [7]rooted and built up in him, strengthened in the faith as you were taught, and overflowing with thankfulness.

[8]See to it that no one takes you captive through hollow and deceptive philosophy, which depends on human tradition and the elemental spiritual forces[a] of this world rather than on Christ.

[9]For in Christ all the fullness of the Deity lives in bodily form, [10]and in Christ you have been brought to fullness. He is the head over every power and authority. [11]In him you were also circumcised with a circumcision not performed by human hands. Your whole self ruled by the flesh[b] was put off when you were circumcised by[c] Christ, [12]having been buried with him in baptism, in which you were also raised with him through your faith in the working of God, who raised him from the dead.

[13]When you were dead in your sins and in the uncircumcision of your flesh, God made you[d] alive with Christ. He forgave us all our sins, [14]having canceled the charge of our legal indebtedness, which stood against us and condemned us; he has taken it away, nailing it to the cross. [15]And having disarmed the powers and authorities, he made a public spectacle of them, triumphing over them by the cross.

Please pray for the Discernment Team retreat this Saturday (2/9).

MORNING

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EVENING

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TUESDAY, FEBRAURY 5

MORNING

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THURSDAY, FEBRUARY 7

MORNING

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EVENING

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SATURDAY, FEBRUARY 9

MORNING

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Please pray for the Discernment Team Reteat

EVENING

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WEEK FIVE
FEBRUARY 11–17

WEEKLY TEXT: 1 CHRONICLES 29:10–20 (NIV)

10 David praised the Lord in the presence of the whole assembly, saying,

"Praise be to you, Lord, the God of our father Israel, from everlasting to
everlasting. 11 Yours, Lord, is the greatness and the power and the glory and the
majesty and the splendor, for everything in heaven and earth is yours. Yours,
Lord, is the kingdom; you are exalted as head over all. 12 Wealth and honor come
from you; you are the ruler of all things. In your hands are strength and power
to exalt and give strength to all. 13 Now, our God, we give you thanks, and praise
your glorious name.

14 "But who am I, and who are my people, that we should be able to give as
generously as this? Everything comes from you, and we have given you only
what comes from your hand. 15 We are foreigners and strangers in your sight, as
were all our ancestors. Our days on earth are like a shadow, without hope. 16 Lord
our God, all this abundance that we have provided for building you a temple for
your Holy Name comes from your hand, and all of it belongs to you. 17 I know,
my God, that you test the heart and are pleased with integrity. All these things
I have given willingly and with honest intent. And now I have seen with joy
how willingly your people who are here have given to you. 18 Lord, the God of
our fathers Abraham, Isaac and Israel, keep these desires and thoughts in the
hearts of your people forever, and keep their hearts loyal to you. 19 And give my
son Solomon the wholehearted devotion to keep your commands, statutes and
decrees and to do everything to build the palatial structure for which I have
provided."

20 Then David said to the whole assembly, "Praise the Lord your God." So they
all praised the Lord, the God of their fathers; they bowed down, prostrating
themselves before the Lord and the king.

MORNING

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EVENING

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TUESDAY, FEBRAURY 12

MORNING

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THURSDAY, FEBRUARY 14

MORNING

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SATURDAY, FEBRUARY 16

MORNING

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WEEK SIX
FEBRUARY 18–24

WEEKLY TEXT: HEBREWS 9:1–14 (NIV)

[1]Now the first covenant had regulations for worship and also an earthly sanctuary. [2]A tabernacle was set up. In its first room were the lampstand and the table with its consecrated bread; this was called the Holy Place. [3]Behind the second curtain was a room called the Most Holy Place, [4]which had the golden altar of incense and the gold-covered ark of the covenant. This ark contained the gold jar of manna, Aaron's staff that had budded, and the stone tablets of the covenant. [5]Above the ark were the cherubim of the Glory, overshadowing the atonement cover. But we cannot discuss these things in detail now.

[6]When everything had been arranged like this, the priests entered regularly into the outer room to carry on their ministry. [7]But only the high priest entered the inner room, and that only once a year, and never without blood, which he offered for himself and for the sins the people had committed in ignorance. [8]The Holy Spirit was showing by this that the way into the Most Holy Place had not yet been disclosed as long as the first tabernacle was still functioning. [9]This is an illustration for the present time, indicating that the gifts and sacrifices being offered were not able to clear the conscience of the worshiper. [10]They are only a matter of food and drink and various ceremonial washings—external regulations applying until the time of the new order.

[11]But when Christ came as high priest of the good things that are now already here,[a] he went through the greater and more perfect tabernacle that is not made with human hands, that is to say, is not a part of this creation. [12]He did not enter by means of the blood of goats and calves; but he entered the Most Holy Place once for all by his own blood, thus obtaining[b] eternal redemption. [13]The blood of goats and bulls and the ashes of a heifer sprinkled on those who are ceremonially unclean sanctify them so that they are outwardly clean. [14]How much more, then, will the blood of Christ, who through the eternal Spirit offered himself unblemished to God, cleanse our consciences from acts that lead to death,[c] so that we may serve the living God!

MORNING

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EVENING

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TUESDAY, FEBRAURY 19

MORNING

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- END WITH THE LORD'S PRAYER

EVENING

- THE DAILY EXAMEN
- JOURNAL ANY THOUGHTS
- END WITH THE LORD'S PRAYER

THURSDAY, FEBRUARY 21

MORNING

- FASTING & CONTEMPLATIVE PRAYER
- READ THIS WEEK'S SCRIPTURE PASSAGE
- SILENCE & REFLECTION ON THE SCRIPTURE PASSAGE
- JOURNAL ANY THOUGHTS
- END WITH THE LORD'S PRAYER

EVENING

- THE DAILY EXAMEN
- JOURNAL ANY THOUGHTS
- END WITH THE LORD'S PRAYER

MORNING

- READ THIS WEEK'S SCRIPTURE PASSAGE
- SILENCE & REFLECTION ON THE SCRIPTURE PASSAGE
- JOURNAL ANY THOUGHTS
- END WITH THE LORD'S PRAYER

EVENING

- THE DAILY EXAMEN
- JOURNAL ANY THOUGHTS
- END WITH THE LORD'S PRAYER

SATURDAY, FEBRUARY 23

MORNING

- READ THIS WEEK'S SCRIPTURE PASSAGE
- SILENCE & REFLECTION ON THE SCRIPTURE PASSAGE
- JOURNAL ANY THOUGHTS
- END WITH THE LORD'S PRAYER

EVENING

- THE DAILY EXAMEN
- JOURNAL ANY THOUGHTS
- END WITH THE LORD'S PRAYER

MORNING

- READ THIS WEEK'S SCRIPTURE PASSAGE
- SILENCE & REFLECTION ON THE SCRIPTURE PASSAGE
- JOURNAL ANY THOUGHTS
- END WITH THE LORD'S PRAYER

EVENING

- THE DAILY EXAMEN
- JOURNAL ANY THOUGHTS
- END WITH THE LORD'S PRAYER

WEEK SEVEN
FEBRUARY 25–MARCH 3

WEEKLY TEXT: PSALM 24:1–10 (NIV)

1 The earth is the Lord's, and everything in it, the world,
and all who live in it;

2 for he founded it on the seas and established it on the waters.

3 Who may ascend the mountain of the Lord?
Who may stand in his holy place?

4 The one who has clean hands and a pure heart,
who does not trust in an idol or swear by a false god.[a]

5 They will receive blessing from the Lord and vindication
from God their Savior.

6 Such is the generation of those who seek him,
who seek your face, God of Jacob.[b][c]

7 Lift up your heads, you gates; be lifted up, you ancient doors,
that the King of glory may come in.

8 Who is this King of glory? The Lord strong and mighty,
the Lord mighty in battle.

9 Lift up your heads, you gates; lift them up, you ancient doors,
that the King of glory may come in.

10 Who is he, this King of glory? The Lord Almighty—
he is the King of glory.

Sacred Space this Saturday (3/2); 7:30pm at 39 Harvard St 2fl

MORNING

- READ THIS WEEK'S SCRIPTURE PASSAGE
- SILENCE & REFLECTION ON THE SCRIPTURE PASSAGE
- JOURNAL ANY THOUGHTS
- END WITH THE LORD'S PRAYER

EVENING

- THE DAILY EXAMEN
- JOURNAL ANY THOUGHTS
- END WITH THE LORD'S PRAYER

TUESDAY, FEBRAURY 26

MORNING

- READ THIS WEEK'S SCRIPTURE PASSAGE
- SILENCE & REFLECTION ON THE SCRIPTURE PASSAGE
- JOURNAL ANY THOUGHTS
- END WITH THE LORD'S PRAYER

EVENING

- THE DAILY EXAMEN
- JOURNAL ANY THOUGHTS
- END WITH THE LORD'S PRAYER

MORNING

- READ THIS WEEK'S SCRIPTURE PASSAGE
- SILENCE & REFLECTION ON THE SCRIPTURE PASSAGE
- JOURNAL ANY THOUGHTS
- END WITH THE LORD'S PRAYER

EVENING

- THE DAILY EXAMEN
- JOURNAL ANY THOUGHTS
- END WITH THE LORD'S PRAYER

THURSDAY, FEBRUARY 28

MORNING

- FASTING & CONTEMPLATIVE PRAYER
- READ THIS WEEK'S SCRIPTURE PASSAGE
- SILENCE & REFLECTION ON THE SCRIPTURE PASSAGE
- JOURNAL ANY THOUGHTS
- END WITH THE LORD'S PRAYER

EVENING

- THE DAILY EXAMEN
- JOURNAL ANY THOUGHTS
- END WITH THE LORD'S PRAYER

MORNING

- READ THIS WEEK'S SCRIPTURE PASSAGE
- SILENCE & REFLECTION ON THE SCRIPTURE PASSAGE
- JOURNAL ANY THOUGHTS
- END WITH THE LORD'S PRAYER

EVENING

- THE DAILY EXAMEN
- JOURNAL ANY THOUGHTS
- END WITH THE LORD'S PRAYER

SATURDAY, MARCH 2

MORNING

- READ THIS WEEK'S SCRIPTURE PASSAGE
- SILENCE & REFLECTION ON THE SCRIPTURE PASSAGE
- JOURNAL ANY THOUGHTS
- END WITH THE LORD'S PRAYER

EVENING

- THE DAILY EXAMEN
- JOURNAL ANY THOUGHTS
- END WITH THE LORD'S PRAYER

Sacred Space; 7pm at 39 Harvard St 2fl

MORNING

- READ THIS WEEK'S SCRIPTURE PASSAGE
- SILENCE & REFLECTION ON THE SCRIPTURE PASSAGE
- JOURNAL ANY THOUGHTS
- END WITH THE LORD'S PRAYER

EVENING

- THE DAILY EXAMEN
- JOURNAL ANY THOUGHTS
- END WITH THE LORD'S PRAYER

WEEK EIGHT
MARCH 4–10

WEEKLY TEXT: DEUTERONOMY 10:12–22 (NIV)

12 And now, Israel, what does the Lord your God ask of you but to fear the Lord
your God, to walk in obedience to him, to love him, to serve the Lord your God
with all your heart and with all your soul, 13 and to observe the Lord's commands
and decrees that I am giving you today for your own good?

14 To the Lord your God belong the heavens, even the highest heavens, the earth
and everything in it. 15 Yet the Lord set his affection on your ancestors and loved
them, and he chose you, their descendants, above all the nations—as it is today.
16 Circumcise your hearts, therefore, and do not be stiff-necked any longer. 17 For
the Lord your God is God of gods and Lord of lords, the great God, mighty and
awesome, who shows no partiality and accepts no bribes. 18 He defends the cause
of the fatherless and the widow, and loves the foreigner residing among you,
giving them food and clothing. 19 And you are to love those who are foreigners,
for you yourselves were foreigners in Egypt. 20 Fear the Lord your God and serve
him. Hold fast to him and take your oaths in his name. 21 He is the one you
praise; he is your God, who performed for you those great and awesome wonders
you saw with your own eyes. 22 Your ancestors who went down into Egypt were
seventy in all, and now the Lord your God has made you as numerous as the
stars in the sky.

Ash Wednesday Service this Wednesday (3/6); 6pm & 7pm at 39 Harvard St 2fl
Please pray for Discernment Team retreat this Saturday (3/9)

MORNING

- READ THIS WEEK'S SCRIPTURE PASSAGE
- SILENCE & REFLECTION ON THE SCRIPTURE PASSAGE
- JOURNAL ANY THOUGHTS
- END WITH THE LORD'S PRAYER

EVENING

- THE DAILY EXAMEN
- JOURNAL ANY THOUGHTS
- END WITH THE LORD'S PRAYER

TUESDAY, MARCH 5

MORNING

- READ THIS WEEK'S SCRIPTURE PASSAGE
- SILENCE & REFLECTION ON THE SCRIPTURE PASSAGE
- JOURNAL ANY THOUGHTS
- END WITH THE LORD'S PRAYER

EVENING

- THE DAILY EXAMEN
- JOURNAL ANY THOUGHTS
- END WITH THE LORD'S PRAYER

MORNING

- READ THIS WEEK'S SCRIPTURE PASSAGE
- SILENCE & REFLECTION ON THE SCRIPTURE PASSAGE
- JOURNAL ANY THOUGHTS
- END WITH THE LORD'S PRAYER

EVENING

- THE DAILY EXAMEN
- JOURNAL ANY THOUGHTS
- END WITH THE LORD'S PRAYER

THURSDAY, MARCH 7

MORNING

- FASTING & CONTEMPLATIVE PRAYER
- READ THIS WEEK'S SCRIPTURE PASSAGE
- SILENCE & REFLECTION ON THE SCRIPTURE PASSAGE
- JOURNAL ANY THOUGHTS
- END WITH THE LORD'S PRAYER

EVENING

- THE DAILY EXAMEN
- JOURNAL ANY THOUGHTS
- END WITH THE LORD'S PRAYER

MORNING

- READ THIS WEEK'S SCRIPTURE PASSAGE
- SILENCE & REFLECTION ON THE SCRIPTURE PASSAGE
- JOURNAL ANY THOUGHTS
- END WITH THE LORD'S PRAYER

EVENING

- THE DAILY EXAMEN
- JOURNAL ANY THOUGHTS
- END WITH THE LORD'S PRAYER

SATURDAY, MARCH 9

MORNING

- READ THIS WEEK'S SCRIPTURE PASSAGE
- SILENCE & REFLECTION ON THE SCRIPTURE PASSAGE
- JOURNAL ANY THOUGHTS
- END WITH THE LORD'S PRAYER

Please pray for the Discernment Team Reteat

EVENING

- THE DAILY EXAMEN
- JOURNAL ANY THOUGHTS
- END WITH THE LORD'S PRAYER

MORNING

- READ THIS WEEK'S SCRIPTURE PASSAGE
- SILENCE & REFLECTION ON THE SCRIPTURE PASSAGE
- JOURNAL ANY THOUGHTS
- END WITH THE LORD'S PRAYER

EVENING

- THE DAILY EXAMEN
- JOURNAL ANY THOUGHTS
- END WITH THE LORD'S PRAYER

WEEK NINE
MARCH 11–17

WEEKLY TEXT: EXODUS 14:10–22 (NIV)

10 As Pharaoh approached, the Israelites looked up, and there were the Egyptians,
marching after them. They were terrified and cried out to the Lord. 11 They said
to Moses, "Was it because there were no graves in Egypt that you brought us
to the desert to die? What have you done to us by bringing us out of Egypt?
12 Didn't we say to you in Egypt, 'Leave us alone; let us serve the Egyptians'? It
would have been better for us to serve the Egyptians than to die in the desert!"

13 Moses answered the people, "Do not be afraid. Stand firm and you will see the
deliverance the Lord will bring you today. The Egyptians you see today you will
never see again. 14 The Lord will fight for you; you need only to be still."

15 Then the Lord said to Moses, "Why are you crying out to me? Tell the
Israelites to move on. 16 Raise your staff and stretch out your hand over the sea to
divide the water so that the Israelites can go through the sea on dry ground. 17 I
will harden the hearts of the Egyptians so that they will go in after them. And
I will gain glory through Pharaoh and all his army, through his chariots and
his horsemen. 18 The Egyptians will know that I am the Lord when I gain glory
through Pharaoh, his chariots and his horsemen."

19 Then the angel of God, who had been traveling in front of Israel's army,
withdrew and went behind them. The pillar of cloud also moved from in front
and stood behind them, 20 coming between the armies of Egypt and Israel.
Throughout the night the cloud brought darkness to the one side and light to
the other side; so neither went near the other all night long.

21 Then Moses stretched out his hand over the sea, and all that night the Lord
drove the sea back with a strong east wind and turned it into dry land. The
waters were divided, 22 and the Israelites went through the sea on dry ground,
with a wall of water on their right and on their left.

MORNING

- READ THIS WEEK'S SCRIPTURE PASSAGE
- SILENCE & REFLECTION ON THE SCRIPTURE PASSAGE
- JOURNAL ANY THOUGHTS
- END WITH THE LORD'S PRAYER

EVENING

- THE DAILY EXAMEN
- JOURNAL ANY THOUGHTS
- END WITH THE LORD'S PRAYER

TUESDAY, MARCH 12

MORNING

- READ THIS WEEK'S SCRIPTURE PASSAGE
- SILENCE & REFLECTION ON THE SCRIPTURE PASSAGE
- JOURNAL ANY THOUGHTS
- END WITH THE LORD'S PRAYER

EVENING

- THE DAILY EXAMEN
- JOURNAL ANY THOUGHTS
- END WITH THE LORD'S PRAYER

MORNING

- READ THIS WEEK'S SCRIPTURE PASSAGE
- SILENCE & REFLECTION ON THE SCRIPTURE PASSAGE
- JOURNAL ANY THOUGHTS
- END WITH THE LORD'S PRAYER

EVENING

- THE DAILY EXAMEN
- JOURNAL ANY THOUGHTS
- END WITH THE LORD'S PRAYER

THURSDAY, MARCH 14

MORNING

- FASTING & CONTEMPLATIVE PRAYER
- READ THIS WEEK'S SCRIPTURE PASSAGE
- SILENCE & REFLECTION ON THE SCRIPTURE PASSAGE
- JOURNAL ANY THOUGHTS
- END WITH THE LORD'S PRAYER

EVENING

- THE DAILY EXAMEN
- JOURNAL ANY THOUGHTS
- END WITH THE LORD'S PRAYER

MORNING

- READ THIS WEEK'S SCRIPTURE PASSAGE
- SILENCE & REFLECTION ON THE SCRIPTURE PASSAGE
- JOURNAL ANY THOUGHTS
- END WITH THE LORD'S PRAYER

EVENING

- THE DAILY EXAMEN
- JOURNAL ANY THOUGHTS
- END WITH THE LORD'S PRAYER

SATURDAY, MARCH 16

MORNING

- READ THIS WEEK'S SCRIPTURE PASSAGE
- SILENCE & REFLECTION ON THE SCRIPTURE PASSAGE
- JOURNAL ANY THOUGHTS
- END WITH THE LORD'S PRAYER

EVENING

- THE DAILY EXAMEN
- JOURNAL ANY THOUGHTS
- END WITH THE LORD'S PRAYER

MORNING

- READ THIS WEEK'S SCRIPTURE PASSAGE
- SILENCE & REFLECTION ON THE SCRIPTURE PASSAGE
- JOURNAL ANY THOUGHTS
- END WITH THE LORD'S PRAYER

EVENING

- THE DAILY EXAMEN
- JOURNAL ANY THOUGHTS
- END WITH THE LORD'S PRAYER

WEEK TEN
MARCH 18–24

WEEKLY TEXT: EPHESIANS 3:14–20 (NIV)

[14] For this reason I kneel before the Father, [15]from whom every family[a] in
heaven and on earth derives its name. [16]I pray that out of his glorious riches
he may strengthen you with power through his Spirit in your inner being, [17]so
that Christ may dwell in your hearts through faith. And I pray that you, being
rooted and established in love, [18]may have power, together with all the Lord's
holy people, to grasp how wide and long and high and deep is the love of Christ,
[v]and to know this love that surpasses knowledge—that you may be filled to the
measure of all the fullness of God.

[20]Now to him who is able to do immeasurably more than all we ask or imagine,
according to his power that is at work within us,

MORNING

- READ THIS WEEK'S SCRIPTURE PASSAGE
- SILENCE & REFLECTION ON THE SCRIPTURE PASSAGE
- JOURNAL ANY THOUGHTS
- END WITH THE LORD'S PRAYER

EVENING

- THE DAILY EXAMEN
- JOURNAL ANY THOUGHTS
- END WITH THE LORD'S PRAYER

TUESDAY, MARCH 19

MORNING

- READ THIS WEEK'S SCRIPTURE PASSAGE
- SILENCE & REFLECTION ON THE SCRIPTURE PASSAGE
- JOURNAL ANY THOUGHTS
- END WITH THE LORD'S PRAYER

EVENING

- THE DAILY EXAMEN
- JOURNAL ANY THOUGHTS
- END WITH THE LORD'S PRAYER

MORNING

- READ THIS WEEK'S SCRIPTURE PASSAGE
- SILENCE & REFLECTION ON THE SCRIPTURE PASSAGE
- JOURNAL ANY THOUGHTS
- END WITH THE LORD'S PRAYER

EVENING

- THE DAILY EXAMEN
- JOURNAL ANY THOUGHTS
- END WITH THE LORD'S PRAYER

THURSDAY, MARCH 21

MORNING

- FASTING & CONTEMPLATIVE PRAYER
- READ THIS WEEK'S SCRIPTURE PASSAGE
- SILENCE & REFLECTION ON THE SCRIPTURE PASSAGE
- JOURNAL ANY THOUGHTS
- END WITH THE LORD'S PRAYER

EVENING

- THE DAILY EXAMEN
- JOURNAL ANY THOUGHTS
- END WITH THE LORD'S PRAYER

MORNING

- READ THIS WEEK'S SCRIPTURE PASSAGE
- SILENCE & REFLECTION ON THE SCRIPTURE PASSAGE
- JOURNAL ANY THOUGHTS
- END WITH THE LORD'S PRAYER

EVENING

- THE DAILY EXAMEN
- JOURNAL ANY THOUGHTS
- END WITH THE LORD'S PRAYER

SATURDAY, MARCH 23

MORNING

- READ THIS WEEK'S SCRIPTURE PASSAGE
- SILENCE & REFLECTION ON THE SCRIPTURE PASSAGE
- JOURNAL ANY THOUGHTS
- END WITH THE LORD'S PRAYER

EVENING

- THE DAILY EXAMEN
- JOURNAL ANY THOUGHTS
- END WITH THE LORD'S PRAYER

MORNING

- READ THIS WEEK'S SCRIPTURE PASSAGE
- SILENCE & REFLECTION ON THE SCRIPTURE PASSAGE
- JOURNAL ANY THOUGHTS
- END WITH THE LORD'S PRAYER

EVENING

- THE DAILY EXAMEN
- JOURNAL ANY THOUGHTS
- END WITH THE LORD'S PRAYER

WEEK ELEVEN
MARCH 25–31

WEEKLY TEXT: DEUTERONOMY 10:12–22 (NIV)

12 And now, Israel, what does the Lord your God ask of you but to fear the Lord
your God, to walk in obedience to him, to love him, to serve the Lord your God
with all your heart and with all your soul, 13 and to observe the Lord's commands
and decrees that I am giving you today for your own good?

14 To the Lord your God belong the heavens, even the highest heavens, the earth
and everything in it. 15 Yet the Lord set his affection on your ancestors and loved
them, and he chose you, their descendants, above all the nations—as it is today.
16 Circumcise your hearts, therefore, and do not be stiff-necked any longer. 17 For
the Lord your God is God of gods and Lord of lords, the great God, mighty and
awesome, who shows no partiality and accepts no bribes. 18 He defends the cause
of the fatherless and the widow, and loves the foreigner residing among you,
giving them food and clothing. 19 And you are to love those who are foreigners,
for you yourselves were foreigners in Egypt. 20 Fear the Lord your God and serve
him. Hold fast to him and take your oaths in his name. 21 He is the one you
praise; he is your God, who performed for you those great and awesome wonders
you saw with your own eyes. 22 Your ancestors who went down into Egypt were
seventy in all, and now the Lord your God has made you as numerous as the
stars in the sky.

MORNING

- READ THIS WEEK'S SCRIPTURE PASSAGE
- SILENCE & REFLECTION ON THE SCRIPTURE PASSAGE
- JOURNAL ANY THOUGHTS
- END WITH THE LORD'S PRAYER

EVENING

- THE DAILY EXAMEN
- JOURNAL ANY THOUGHTS
- END WITH THE LORD'S PRAYER

TUESDAY, MARCH 26

MORNING

- READ THIS WEEK'S SCRIPTURE PASSAGE
- SILENCE & REFLECTION ON THE SCRIPTURE PASSAGE
- JOURNAL ANY THOUGHTS
- END WITH THE LORD'S PRAYER

EVENING

- THE DAILY EXAMEN
- JOURNAL ANY THOUGHTS
- END WITH THE LORD'S PRAYER

MORNING

- READ THIS WEEK'S SCRIPTURE PASSAGE
- SILENCE & REFLECTION ON THE SCRIPTURE PASSAGE
- JOURNAL ANY THOUGHTS
- END WITH THE LORD'S PRAYER

EVENING

- THE DAILY EXAMEN
- JOURNAL ANY THOUGHTS
- END WITH THE LORD'S PRAYER

THURSDAY, MARCH 28

MORNING

- FASTING & CONTEMPLATIVE PRAYER
- READ THIS WEEK'S SCRIPTURE PASSAGE
- SILENCE & REFLECTION ON THE SCRIPTURE PASSAGE
- JOURNAL ANY THOUGHTS
- END WITH THE LORD'S PRAYER

EVENING

- THE DAILY EXAMEN
- JOURNAL ANY THOUGHTS
- END WITH THE LORD'S PRAYER

MORNING

- READ THIS WEEK'S SCRIPTURE PASSAGE
- SILENCE & REFLECTION ON THE SCRIPTURE PASSAGE
- JOURNAL ANY THOUGHTS
- END WITH THE LORD'S PRAYER

EVENING

- THE DAILY EXAMEN
- JOURNAL ANY THOUGHTS
- END WITH THE LORD'S PRAYER

SATURDAY, MARCH 30

MORNING

- READ THIS WEEK'S SCRIPTURE PASSAGE
- SILENCE & REFLECTION ON THE SCRIPTURE PASSAGE
- JOURNAL ANY THOUGHTS
- END WITH THE LORD'S PRAYER

Please pray for the Discernment Team Reteat

EVENING

- THE DAILY EXAMEN
- JOURNAL ANY THOUGHTS
- END WITH THE LORD'S PRAYER

MORNING

- READ THIS WEEK'S SCRIPTURE PASSAGE
- SILENCE & REFLECTION ON THE SCRIPTURE PASSAGE
- JOURNAL ANY THOUGHTS
- END WITH THE LORD'S PRAYER

EVENING

- THE DAILY EXAMEN
- JOURNAL ANY THOUGHTS
- END WITH THE LORD'S PRAYER

WEEK TWELVE
APRIL 1–7

WEEKLY TEXT: JOHN 15:5–17 (NIV)

5 "I am the vine; you are the branches. If you remain in me and I in you, you will
bear much fruit; apart from me you can do nothing. 6 If you do not remain in me,
you are like a branch that is thrown away and withers; such branches are picked
up, thrown into the fire and burned. 7 If you remain in me and my words remain
in you, ask whatever you wish, and it will be done for you. 8 This is to my Father's
glory, that you bear much fruit, showing yourselves to be my disciples.

9 "As the Father has loved me, so have I loved you. Now remain in my love. 10 If
you keep my commands, you will remain in my love, just as I have kept my
Father's commands and remain in his love. 11 I have told you this so that my joy
may be in you and that your joy may be complete. 12 My command is this: Love
each other as I have loved you. 13 Greater love has no one than this: to lay down
one's life for one's friends. 14 You are my friends if you do what I command.
15 I no longer call you servants, because a servant does not know his master's
business. Instead, I have called you friends, for everything that I learned from
my Father I have made known to you. 16 You did not choose me, but I chose you
and appointed you so that you might go and bear fruit—fruit that will last—
and so that whatever you ask in my name the Father will give you. 17 This is my
command: Love each other.

MORNING

- READ THIS WEEK'S SCRIPTURE PASSAGE
- SILENCE & REFLECTION ON THE SCRIPTURE PASSAGE
- JOURNAL ANY THOUGHTS
- END WITH THE LORD'S PRAYER

EVENING

- THE DAILY EXAMEN
- JOURNAL ANY THOUGHTS
- END WITH THE LORD'S PRAYER

TUESDAY, APRIL 2

MORNING

- READ THIS WEEK'S SCRIPTURE PASSAGE
- SILENCE & REFLECTION ON THE SCRIPTURE PASSAGE
- JOURNAL ANY THOUGHTS
- END WITH THE LORD'S PRAYER

EVENING

- THE DAILY EXAMEN
- JOURNAL ANY THOUGHTS
- END WITH THE LORD'S PRAYER

MORNING

- READ THIS WEEK'S SCRIPTURE PASSAGE
- SILENCE & REFLECTION ON THE SCRIPTURE PASSAGE
- JOURNAL ANY THOUGHTS
- END WITH THE LORD'S PRAYER

EVENING

- THE DAILY EXAMEN
- JOURNAL ANY THOUGHTS
- END WITH THE LORD'S PRAYER

THURSDAY, APRIL 4

MORNING

- FASTING & CONTEMPLATIVE PRAYER
- READ THIS WEEK'S SCRIPTURE PASSAGE
- SILENCE & REFLECTION ON THE SCRIPTURE PASSAGE
- JOURNAL ANY THOUGHTS
- END WITH THE LORD'S PRAYER

EVENING

- THE DAILY EXAMEN
- JOURNAL ANY THOUGHTS
- END WITH THE LORD'S PRAYER

MORNING

- READ THIS WEEK'S SCRIPTURE PASSAGE
- SILENCE & REFLECTION ON THE SCRIPTURE PASSAGE
- JOURNAL ANY THOUGHTS
- END WITH THE LORD'S PRAYER

EVENING

- THE DAILY EXAMEN
- JOURNAL ANY THOUGHTS
- END WITH THE LORD'S PRAYER

SATURDAY, APRIL 6

MORNING

- READ THIS WEEK'S SCRIPTURE PASSAGE
- SILENCE & REFLECTION ON THE SCRIPTURE PASSAGE
- JOURNAL ANY THOUGHTS
- END WITH THE LORD'S PRAYER

EVENING

- THE DAILY EXAMEN
- JOURNAL ANY THOUGHTS
- END WITH THE LORD'S PRAYER

Sacred Space; 7pm at 39 Harvard St 2fl

MORNING

- READ THIS WEEK'S SCRIPTURE PASSAGE
- SILENCE & REFLECTION ON THE SCRIPTURE PASSAGE
- JOURNAL ANY THOUGHTS
- END WITH THE LORD'S PRAYER

EVENING

- THE DAILY EXAMEN
- JOURNAL ANY THOUGHTS
- END WITH THE LORD'S PRAYER

Thank you so much for praying, fasting, and discerning over these least 12 weeks. We pray that this process had been a blessing to both you and to our church. May God bless you as we prepare ourselves for Holy Week, for Easter, and for the joy of the Christian declaration that; '***HE IS RISEN!***'

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